

Time Management Reflection

Name: _____

Date: _____

How many hours did you spend on the following activities:

Must Do: _____

Should Do: _____

Like to Do: _____

What are you using the majority of your after school time for? Is this the time of day you set aside for "Must Do", "Should Do" or "Like to do" activities? Is this a wise use of your after-school time? Explain your answer.

Having evaluated your after-school time, are there any changes you feel you would like to make to your after-school schedule? Explain your answer.

Time	Activity	Category
:00am		
5:30am		
6:00am		
6:30am		
7:00am		
7:30am		
8:00am		
8:30am		
9:00am		
9:30am		
10:00am		
10:30am		
11:00am		
11:30am		
12:00pm		
12:30pm		
1:00pm		
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